

2010 MARCH MENU

Menu Subject to Change

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	Beef Stir Fry Stir Fry Veg. Cole Slaw Pears White Rice Wheat Roll Milk	2	Baked Pork Chop Yellow Squash Asparagus Biscuit Mashed Potatoes Cherry Cobbler Milk	3	Spaghetti with Meat Sauce Green Beans Green Salad Jello&Fruit Garlic Bread Milk	4	Chili Relleno Toss Salad Sliced Tomatoes Fruit Cup Crackers Pinto Beans Milk	5	Baked Fish German Cole Slaw Mixed Vegetables Hushpuppies Macaroni&Cheese Banana Pudding Milk
8	Green Chili Stew Carrots Toss Salad Pears Cornbread Pea. Butt. Cookie Milk	9	Pork Butt Roast Spinach Apricots Dinner Roll Black Eyed Peas Milk	10	Round Steak& Mushroom Gravy Green Beans Wheat Roll Baked Potato Banana Pudding Milk	11	Carne Adivada Country Vegetables Zucchini&Tomatoes Jello&Fruit Flour Tortilla Spanish Rice Milk	12	Catfish Creamy Cole Slaw Cantelope Wheat Bread Lima Beans Milk
15	Hamburger Strog. Broccoli Carrot/Raisin Sal Banana Bread Egg Noodles Milk	16	Pork Cutlet Oriental Veg. Waldorf Salad Pears Biscuit Mashed Potato Milk	17	Corned Beef Steamed Cabbage Glazed Carrots Stawberries & Bananas Wheat Bread Oatmeal Cookie Milk	18	Beef Enchilada Lettuce&Tomato Jalapeno Onions Orange Spanish Rice Chocolate Pudding Milk	19	Tuna Salad Sand. Buttered Squash Strawberry, Banana Peach Compote Milk
22	Sloppy Joe-Open Potato Wedge Green Beans Broccoli with Cheese Sauce Yogurt Milk	23	Pork Stir Fry Stir Fry Veg. Toss Salad Apple Cobbler Wheat Roll Rice Milk	24	Kraut Dog-Open California Veg. Sliced Tomatoes Strawberry&Ban. Baked French Fries Pumpkin Nut Bread Milk	25	Chicken Enchiladas Calabacitas Spinach Salad Jello&Fruit Pinto Beans Milk	26	Fish Sandwich Spinach Lettuce&Tomato Pears Milk
29	Beef Tips with Rice Broccoli Green Salad Fruit Cocktail Wheat Roll Milk	30	Chicken Noodle Soup Peas&Carrots Steamed Squash Sliced Peaches Dinner Roll Milk	31	Pigs in a Blanket Chuckwagon Blend Steamed Cabbage Bread Tater Tots Milk	Daylight Saving Time Begins  March 14th		Spring Begins  March 20th	

Donuts, pastries or muffins are often served in the mornings at each center. Milk, coffee, iced tea and water are served with lunch daily. Condiments are available with each meal include barbeque sauce, ketchup, mustard, salad dressing, tarter sauce, gravy, salsa, green or red chili, etc.